

Stay healthy.  
Wash your hands.

**2**  
**SOAP**

Learn more about how Anago can help disinfect and maintain your facility at [www.AnagoCleaning.com](http://www.AnagoCleaning.com)

Wash your hands thoroughly and rub them together with the soap making sure to lather the back of your hands, between your fingers, and under your fingernails

**1**  
**WET**

Wash your hands with warm water, if only cold water is available that's okay too

**3**  
**SCRUB**

Scrub your hands aggressively for at least 20 seconds paying particular attention to your thumbs, palms, and the back of your hands

**4**  
**RINSE**

Rinse your hands well under clean, running water

**5**  
**DRY**

Dry your hands thoroughly with a clean towel or air drying them also works

**IF SOAP AND WATER AREN'T AVAILABLE**

Use an alcohol-based hand sanitizer that contains at least 60% alcohol and similarly apply to hands



Apply on the palm of one of your hands



Rub your hands together thoroughly



Cover all surfaces until hands feel dry